

-	Start of route	0.0	0.0
1	Continue onto Banbury Rd	0.3	0.0
\rightarrow	R onto Larkfield Dr	0.6	0.3
→	R onto bike trail	0.4	0.9
1	Cross Leslie Street and continue onto Talwood Dr	0.4	1.3
←	L onto Leslie Spur Trail entrance.	1.1	1.6
←	L and continue onto Overland Dr	0.1	2.7
→	R onto Barber Greene Rd	0.9	2.8
1	Continue across Don Mills Rd. onto Green Belt Drive	0.6	3.7
→	R onto Moccasin Trail	0.1	4.4
←	L onto trail.	0.2	4.4
\rightarrow	R at trail intersection.	0.0	4.6
→	R on trail.	0.0	4.6
←	L onto Plateau Crescent	0.2	4.6
←	L to stay on Plateau Crescent	0.1	4.9
←	L onto Greenland Rd	0.2	5.0

5.0 kilometers. +14/-15 meters

→	R onto Rollscourt Dr	0.3	11.4
←	L onto Heathcote Ave	0.2	11.8
→	R onto Berkindale Dr	0.3	12.0
←	L onto Fife Rd	0.1	12.3
1	Continue onto Fifeshire Rd	0.5	12.4
←	L onto Knollwood St	0.4	12.9
\rightarrow	R onto Balding Ct	0.0	13.3
←	L onto trail.	0.3	13.3
←	L onto Lord Seaton Rd	1.0	13.6
\rightarrow	R onto Upper Canada Dr	1.1	14.5
→	R onto Montressor Dr	0.5	15.6
←	L onto Toba Dr	0.4	16.1
→	R onto Fifeshire Rd	0.2	16.5
←	L onto Chieftain Crescent	0.2	16.7
1	Continue onto Zaharias Ct	0.4	16.9
1	Continue onto path between the houses and the trees.	0.3	17.3
1	Continue onto Caldy Ct.	0.4	17.6
→	R onto Fifeshire Rd	-0.2	17.9

6.7 kilometers. +23/-14 meters

\rightarrow	R onto The Donway E	0.6	5.2
\rightarrow	R onto Broadleaf Rd	0.4	5.9
←	L onto Limewood St	0.1	6.3
←	L onto Mallow Rd	8.0	6.4
\rightarrow	R at trail 4-way intersection	0.1	7.2
\rightarrow	R at fork in the trail.	0.2	7.3
\rightarrow	Slight R at fork to stay on trail.	0.1	7.4
\rightarrow	Slight R at fork in the trail.	0.2	7.5
1	Continue across parking lot and go under bridge arch.	0.3	7.7
1	Continue onto Bond Ave	0.4	8.0
\rightarrow	R onto Charnwood Rd	0.4	8.4
←	L onto Southwell Dr	0.2	8.7
1	Continue onto Denlow Blvd	1.2	8.9
\rightarrow	R onto Sandfield Rd	8.0	10.1
←	L onto York Mills Rd	0.0	10.9
\rightarrow	R	0.3	10.9
←	Continue onto Colvestone Rd	0.1	11.1
←	L onto Harrison Rd	0.2	11.2

6.3 kilometers. +47/-22 meters

1	Continue onto Truman Rd	0.9	17.7
\rightarrow	R onto path in Harrsion Park.	0.2	18.7
\rightarrow	R onto Forest Heights Blvd.	0.0	18.8
←	L onto path toward Harrison Rd	0.1	18.9
1	Continue onto Harrison Rd	0.4	18.9
←	L onto Vernham Ave	-0.4	19.4
←	L onto Farrington Dr	0.3	19.0
\rightarrow	R onto Norlington Dr	0.2	19.2
\rightarrow	R onto Banbury Rd	8.0	19.4
1	Continue onto Chipstead Rd	0.2	20.2
←	L onto Ames Gate	0.1	20.4
\rightarrow	R onto Ames Cir	0.4	20.5
1	Continue onto Barrydale Crescent	0.8	20.9
\rightarrow	R onto Banbury Rd	1.5	21.6
\rightarrow	R onto Blaine Dr	0.3	23.1
←	L onto Lawrence Ave. E., then make a R onto the path that leads back to the Edwards Gardens Parking lot.	2.8	23.4

5.5 kilometers. +2/-33 meters